

**Crew Rest and Weekly Housekeeping**

GMT	CREW	ACTIVITY
09:00-09:10	.	Morning inspection
09:10-09:40	.	Post-sleep
09:40-10:30	.	BREAKFAST
10:30-10:50	.	Work prep
10:55-11:05	.	Daily planning conference ( <i>S-band</i> )
11:05-11:15	.	Work prep
11:15-12:15	FE-1, FE-2	Station prep for crew arrival
11:35-11:55	CDR	???? correction from ??? ?
12:35-13:05	.	Kentavr adjustment
13:05-13:15	FE-1	EMU battery charge (term)
13:05-13:15	CDR	Kentavr adjustment tag-up (???)
13:15-13:35	FE-1	EMU battery (PSA) charge (init)
13:30-14:30	FE-2	Physical Exercise - TVIS
13:35-13:55	FE-1	EMU battery (BSA) battery charge (init)
13:55-14:10	FE-1	P/L daily status check during Expedition 4 (including P/L for 8A)
14:10-14:50	FE-1	??? maintenance
14:20-14:35	CDR	PAO event prep
14:30-16:00	FE-2	Physical exercise - RED
14:35-14:50	CDR	PAO event "Conference with Astrium representative"
15:00-16:00	CDR	Physical exercise – (TVIS-1)
16:00-17:00	.	LUNCH
17:00-17:15	CDR	Private family conference ( <i>S-band</i> )
17:00-19:00	FE-1, FE-2	Weekly station housekeeping, FGB surface sampling (hardware and structure)
17:15-19:15	CDR	
19:00-20:00	FE-1	Physical exercise (TVIS)
19:15-20:15	CDR	Station prep for crew arrival
19:15-19:20	FE-2	IV-CPDS - activation
19:20-20:05	FE-2	?? ?2 docking prep (pressurization and seal check)
20:00-21:30	FE-1	Physical Exercise – (RED)

20:05-21:05	FE-2	BPS3 root treatment
20:45-22:15	CDR	Physical Exercise (TVIS + RED day 1)
21:45-22:00	FE-2	Private family conference ( <i>S-band</i> )
22:00-22:15	FE-1	
22:15-22:45	.	Daily plan review
22:45-23:15	.	Report prep
23:30-23:45	.	Daily planning conference ( <i>S-band</i> )
23:45-00:15	.	DINNER
00:15-00:45	.	Food prep
00:45-01:30	.	Pre-sleep
01:30-12:15	.	Sleep

**Notes:**

1. See OSTP for US activities
2. Task List: CDR: "Diatomea"
3. TV (PAO) (backup)

End of radiogram